



Outpatient Services at Road Home Program



Outpatient Program

Outpatient care at the Road Home Program focuses on short term evidence-based treatment to reduce symptoms and promote long term health and wellness for veterans, service members and families impacted by the Invisible wounds of war.

Outpatient care is offered in-person in Chicago and Effingham and virtually through telemedicine to any veteran or family member residing in Illinois.

Many of us are veterans ourselves, so we know firsthand the challenges you and your family face.

Help with PTSD

We are a multi-disciplined team of specialists trained in evidenced-based treatments for PTSD and other behavioral health diagnoses including depression and anxiety.

Help with MST

Learning to cope with PTSD brought on by military sexual trauma can help you regain your sense of self and control

over your life. Our treatment focuses on learning to overcome painful memories, control difficult emotions and address feelings of anger, mistrust and isolation.

Help for Families

We provide a supportive environment where you and your family can focus on communication, cope with difficult emotions and develop the tools needed to rebuild strong relationships.

Help for Couples

We focus on strengthening your relationship, by improving emotional communication, recognizing unhealthy patterns of interaction and resolving conflict in a healthy and constructive way.

Help for Children

Children are the most vulnerable victims of the invisible wounds of war. We take the time to understand your child's unique situation and tailor our care to best serve his or her individual needs.

Caregiver Support

We believe it is very important that caregivers receive supportive care too. We provide this support both individually

and in group settings with peers. We help family members and loved ones with individual counseling and group support.

Survivor Counseling

The chance to meet with a skilled therapist who understands loss and trauma can help you answer questions, understand the emotions you are experiencing and gain the coping skills necessary to integrate the loss into your life and begin the process of healing.

Support Groups

Join us in a virtual community where veterans, spouses, partners, family members, loved ones and close friends can meet to discuss issues related to reintegration, offer advice on meeting challenges and give encouragement with a healthy dose of laughter and support.

Questions

We provide our services regardless of ability to pay. If you have questions, call us at (312) 942-8387 (VETS) or schedule an appointment online at RoadHomeProgram.org.

The Road Home Program is located at 325 South Paulina, 2nd floor, Chicago, IL 60612. Together we have helped thousands of veterans, service members and families affected by the indivisible wounds of war and we look forward to helping you.