

BRIDGE Resource Guide

A self-guided directory of resources for veterans, service members, military families, caregivers, providers, and community partners.

Building Resources and Information to Direct and Guide Engagement



- Mental health and counseling
- Child, family, and caregiver support
- Crisis and emergency contacts
- Financial, education, and employment resources
- Illinois and national support



Scan for the latest resources

roadhomeprogram.org/bridge

Need care from Road Home?

Visit roadhomeprogram.org/get-care or call (312) 942-8387 (VETS)

What is BRIDGE?

A practical starting point

BRIDGE is a self-guided directory of community resources that may be helpful to veterans, service members, military families, caregivers, providers, and community partners. Start with the section that matches your current need. For the most current information, scan the QR code or visit the online directory.

Resource designations

RHP PARTNER**RHP Community Partner**

Established partnership or referral relationship with RHP.

VETTED**Vetted Resource**

Reviewed and recommended by RHP clinical staff.

COMMUNITY**Community Resource**

Publicly available resource to explore independently.

Important

Inclusion in this guide does not guarantee eligibility, availability, quality, cost, or suitability for an individual or family. Unless identified as an RHP Community Partner, the Road Home Program at Rush University Medical Center does not have a direct affiliation or referral relationship with the organization. RHP staff cannot answer detailed questions about the eligibility, availability, costs, or services of external organizations. Contact each organization directly for current information.

Questions about Road Home Program services?

Submit a Get Care form or call (312) 942-8387 (VETS)



Latest BRIDGE resources
roadhomeprogram.org/bridge

Quick Reference: Crisis Resources

If you or someone you know needs immediate support, use the contacts below.

Veterans Crisis Line

Call 988, then press 1

Text 838255 | VeteransCrisisLine.net

Military OneSource

Call 800-342-9647

Free, confidential support available 24/7

988 Suicide & Crisis Lifeline

Call or text 988

Support for anyone in emotional distress

Crisis Text Line

Text HOME to 741741

Free crisis support available 24/7

Immediate danger or medical emergency

Call 911

Use local emergency services when safety is at immediate risk



Resource Categories

Use these categories to find the type of support that matches your current need.

1**Mental Health & Counseling****2****Child & Family Support****3****Caregiver Resources****4****Illinois-Specific Resources****5****Financial & Benefits****6****Education & Employment****7****Legal, Housing & Relocation****8****LGBTQ+ Military Family Resources****9****National Support Resources****10****Full Online Directory**

Mental Health & Virtual Support

Road Home Program

No-cost, specialized mental health care for veterans, service members, and military families.

roadhomeprogram.org | 312-942-8387

Military OneSource

RHP PARTNER

Free, confidential counseling and support for eligible service members and families.

militaryonesource.mil | 800-342-9647

Warrior Care Network

RHP PARTNER

Intensive mental health treatment for post-9/11 veterans, service members, and families.

woundedwarriorproject.org/warrior-care-network

Emory Healthcare Veterans Program

RHP PARTNER

Two-week intensive treatment for PTSD and related concerns, with family participation options.

emoryhealthcare.org/veterans-program

UCLA Health Operation Mend

RHP PARTNER

Specialized care for post-9/11 service members and veterans with physical and psychological injuries.

uclahealth.org/programs/operationmend

Home Base

RHP PARTNER

Clinical care, wellness, and intensive treatment for veterans, service members, and families.

homebase.org

Cohen Veterans Network

RHP PARTNER

Mental health care for post-9/11 veterans, service members, and military families through a national clinic network.

cohenveteransnetwork.org

NAMI Homefront

COMMUNITY

A free educational program for families, caregivers, and friends of military community members with mental health conditions.

nami.org/homefront

Give an Hour

COMMUNITY

Mental health and wellness resources for military and veteran communities. Explore independently and confirm current services.

giveanhour.org

Road Home Virtual Programming

Virtual accelerated treatment in participating PSYPACT states, plus virtual outpatient care for Illinois residents.

roadhomeprogram.org/bridge | 312-942-8387



Latest BRIDGE resources
roadhomeprogram.org/bridge

Child, Family & Caregiver Support

Child & family

Our Military Kids

COMMUNITY

Activity grants for eligible children of deployed or wounded service members.

ourmilitarykids.org

Operation Purple

COMMUNITY

Camps and family retreats that support military children and families.

militaryfamily.org/programs/operation-purple

Military Child Education Coalition

COMMUNITY

Education resources and advocacy for military-connected children navigating mobility and transitions.

militarychild.org

Military OneSource: Children, Youth & Teens

RHP PARTNER

Parenting, deployment, school transition, and mental health resources.

militaryonesource.mil/parenting

Blue Star Families

RHP PARTNER

Research, advocacy, community programs, and support for military families.

bluestarfam.org

Hidden Helpers Coalition

COMMUNITY

Resources for children and young adults who help care for wounded, ill, or injured service members and veterans.

hiddenheroes.org

Caregivers

VA Caregiver Support Program

RHP PARTNER

Education, support, respite information, and VA caregiver program guidance.

caregiver.va.gov | 855-260-3274

Elizabeth Dole Foundation

RHP PARTNER

National and local resources, community, and advocacy for military and veteran caregivers.

elizabethdolefoundation.org

Rosalynn Carter Institute for Caregivers

COMMUNITY

Education, training, and support programs for family caregivers, including military caregivers.

rosalynncarter.org

Road Home Family Services

No-cost counseling and support for eligible military families, couples, children, caregivers, and survivors.

roadhomeprogram.org | 312-942-8387

Latest BRIDGE resources
roadhomeprogram.org/bridge

Financial, Education & Employment

FINANCIAL

Army Emergency Relief

RHP PARTNER

Financial assistance and education support for eligible Army families.

armyemergencyrelief.org

FINANCIAL

Navy-Marine Corps Relief Society

RHP PARTNER

Financial, emergency, education, and family support for Navy and Marine Corps families.

nmcrs.org

FINANCIAL

Air & Space Forces Aid Society

COMMUNITY

Emergency assistance, education grants, and community programs for Air and Space Force families.

afas.org

FINANCIAL

Coast Guard Mutual Assistance

COMMUNITY

Interest-free loans, grants, financial counseling, and other help for the Coast Guard community.

mycgma.org | 800-881-2462

BENEFITS

TRICARE

RHP PARTNER

Military health care program for eligible service members, retirees, and family members.

tricare.mil

FINANCIAL

National Military Family Association

COMMUNITY

Scholarships, advocacy, and family programs for military spouses and families.

militaryfamily.org

EDUCATION

GI Bill: VA Education Benefits

RHP PARTNER

Education benefits for eligible veterans, service members, and dependents.

va.gov/education

EDUCATION

SpouseWorks Scholarship

RHP PARTNER

Up to \$4,000 for eligible military spouses pursuing approved education and credentials.

militaryonesource.mil/spouseworks-scholarship

EDUCATION

DEA: Chapter 35

RHP PARTNER

Education and career benefits for eligible dependents and survivors.

va.gov/dependents-education-assistance

EMPLOYMENT

Hiring Our Heroes

RHP PARTNER

Career fairs, fellowships, and employment resources for veterans, service members, and military spouses.

hiringourheroes.org

EMPLOYMENT

Military Spouse Employment Partnership

RHP PARTNER

Connects military spouses with employers committed to recruiting and retaining military spouse talent.

msejobs.militaryonesource.mil

EDUCATION

Tutor.com for U.S. Military Families

COMMUNITY

Online tutoring and homework help for eligible military families.

military.tutor.com

EMPLOYMENT

I AM WOC

RHP PARTNER

Leadership, mentoring, education, and empowerment resources for military women of color.

iamwoc.org



Latest BRIDGE resources
roadhomeprogram.org/bridge

Illinois, Legal, Housing & Relocation

ILLINOIS

Jesse Brown VA Medical Center

RHP PARTNER

Comprehensive physical and mental health services for eligible veterans in Chicago.

va.gov/chicago-health-care

ILLINOIS

Edward Hines Jr. VA Hospital

RHP PARTNER

Regional VA health and mental health care serving veterans across northeastern Illinois.

va.gov/hines-health-care

ILLINOIS

Illinois Warrior Assistance Program

COMMUNITY

Resource navigation and case management for Illinois veterans, families, and caregivers.

illinoiswarrior.org

ILLINOIS

Illinois Joining Forces

RHP PARTNER

Statewide network connecting service members, veterans, and families to Illinois resources.

illinoisjoiningforces.org

ILLINOIS

Illinois Department of Veterans Affairs

COMMUNITY

State benefits assistance, claims support, veterans homes, and programs.

veterans.illinois.gov

ILLINOIS

Illinois National Guard Family Programs

RHP PARTNER

Family readiness, youth, employment, financial, and deployment support.

illinoisfamilyprograms.weebly.com

ILLINOIS

Illinois Military Family Relief Fund

RHP PARTNER

Grants for eligible Illinois National Guard and Reserve families affected by activation.

il.ngb.army.mil/Public-Resources

ILLINOIS

Kids Above All

COMMUNITY

Trauma-informed counseling, education, and housing services for children and families.

kidsaboveall.org

ILLINOIS

Chicago Park District

RHP PARTNER

Recreation, fitness, events, and adaptive programming across Chicago.

chicagoparkdistrict.com

ILLINOIS

National Able Network

COMMUNITY

Workforce development, job training, career coaching, and employment services.

nationalable.org

LEGAL

Military OneSource Legal Consultation

RHP PARTNER

Free legal consultations for eligible service members and families.

militaryonesource.mil/legal

RELOCATION

Yellow Ribbon Reintegration Program

RHP PARTNER

Resources for Guard and Reserve members and families throughout the deployment cycle.

yellowribbon.mil

RELOCATION

Exceptional Family Member Program

RHP PARTNER

Support and resources for military families with special needs members.

militaryonesource.mil/efmp



Latest BRIDGE resources
roadhomeprogram.org/bridge

LGBTQ+ & National Support

LGBTQ+ resources

American Veterans for Equal Rights

RHP PARTNER

Peer support, advocacy, and benefits assistance for LGBTQ+ current and former military personnel.

aver.us

Modern Military Association of America

COMMUNITY

Legal assistance, advocacy, and support for LGBTQ+ military and veteran communities.

modernmilitary.org

SPARTA Pride

COMMUNITY

Peer support, education, and resources for transgender service members and veterans.

spartapride.org

Transgender American Veterans Association

COMMUNITY

VA health care navigation, education, and advocacy for transgender veterans.

transveteran.org

PFLAG Connects: Military Community

COMMUNITY

Virtual support meetings for military-affiliated parents and caregivers of LGBTQ+ people.

pflag.org/events/military-community

National support

Wounded Warrior Project

RHP PARTNER

Programs and services for eligible post-9/11 veterans and families.

woundedwarriorproject.org

Vets4Warriors

COMMUNITY

Confidential 24/7 peer support for service members, veterans, families, and caregivers.

vets4warriors.com | 855-838-8255

VA Social Work Services

RHP PARTNER

Ask your local VA medical center about case management, benefits, housing, caregiver, and community support.

va.gov/find-locations

NAMI Homefront

COMMUNITY

Education for families, caregivers, and friends of military community members with mental health conditions.

nami.org/homefront

Team Red, White & Blue

RHP PARTNER

Veteran connection through physical and social activity, with chapters nationwide.

teamrwb.org

Blue Star Families

RHP PARTNER

Research, advocacy, community, and support programs for military families.

bluestarfam.org

Road Home Alumni Network

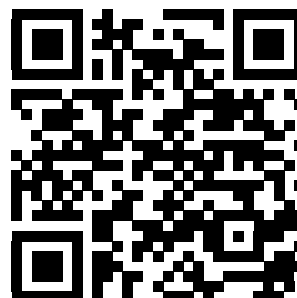
Peer connection and community for veterans and families who have completed Road Home programming.

roadhomeprogram.org | 312-942-8387



Latest BRIDGE resources
roadhomeprogram.org/bridge

Full Resource Directory



Scan for the latest version

roadhomeprogram.org/bridge

The complete directory is maintained online

The webpage contains the fullest and most current resource list, including live links, Road Home virtual programming, crisis contacts, Illinois resources, and updates that may occur after this PDF is downloaded.

Need care from Road Home?

Submit a Get Care form or call (312) 942-8387 (VETS)

Services are provided at no cost to veterans, service members, and their families.



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roadhomeprogram.org/bridge